



November 2021

Issaquah School District Secondary Lunch Menu

In Season Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.



Monday

Tuesday

Wednesday

Thursday

Friday

1

Meatball Sandwich
Baby Carrots & Craisins

2

Bean & Cheese Burrito
Garbanzo Beans & Apple
Rice Krispie Treat

3

Lasagna w/ Whole Grain
Breadstick/Roll
Broccoli & Fruit Cocktail

4

Orange Chicken w/ Brown
Rice
Celery Sticks & Grapes
Mott's Fruit Snacks

5

Chicken Tenders w/ Mashed
Potatoes & Gravy
Peas & Berry Cup

8

Chicken Alfredo w/ Whole
Grain Breadstick
Baby Carrots & Apple

9

Tacos
Black Beans & Peaches
Chocolate Elf Graham

10

Philly Cheese Steak Sandwich
Broccoli & Orange

11

No School!

12

BBQ Chicken Drumstick w/
Whole Grain Cornbread
Corn & Applesauce Cup

15

Mac & Cheese w/ Whole
Grain Roll
Baby Carrots & Apple

16

Nachos
Kidney Beans & Banana
Strawberry Waffle Graham

17

Turkey Gravy & Mashed
Potatoes w/ Whole Grain
Breadstick/Roll
Broccoli & Peach Cup

18

General Tso Chicken w/
Brown Rice
Celery Sticks & Pears
Fruit Roll-up

19

Turkey Sausage Breakfast
Sandwich
Peas & Orange

22

BBQ Chicken Drumstick w/
Whole Grain Cornbread
Baby Carrots & Fruit Cocktail

23

Chicken Fajitas
Pinto Beans & Pineapple
Goldfish Cinnamon Graham

24

BBQ Pulled Pork Sandwich
Broccoli & Orange

25

No School!

26

No School!

29

Bacon Cheeseburger
Baby Carrots & Craisins

30

Bean & Cheese Burrito
Garbanzo Beans & Apple
Rice Krispie Treat

Announcements

Every complete meal comes with a choice of 1% white milk, fat free chocolate milk and a trip through the salad bar*

**At this time, salad bars are available only at the high school level*

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

The Issaquah School District provides equal opportunities in its programs, activities and employment.

*Menu subject to change

Meal Prices

Meals are available free of charge to every student this school year.

We strongly encourage families to apply for Free or Reduced meals as approval may provide access to additional benefits.

A la carte items are available in addition to the lunch program.

Prices vary by item.

Adults = \$4.50