



# November 2021

## Issaquah School District Elementary Lunch Menu

### In Season Oranges

The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1

#1 BBQ Chicken Drumstick w/  
Whole Grain Cornbread  
Broccoli & Peaches

2

#1 Teriyaki Beef Dippers w/  
Brown Rice  
Baby Carrots & Apple  
Rice Krispie Treat

3

#1 Dutch Waffle w/ Turkey  
Sausage  
Celery Sticks & Peach Cup

4

#1 Pasta w/ Meat Sauce  
Pinto Beans & Pineapple  
Mott's Fruit Snacks

5

#1 Whole Grain Corndog  
Peas & Applesauce Cup

8

#1 Turkey Deli Sandwich  
Broccoli & Pears

9

#1 Cheesy Rippers w/ Pizza  
Dipping Sauce (M)  
Baby Carrots & Banana  
Bunny Grahams

10

#1 Cheese (M) or Pepperoni  
Pizza  
Celery Sticks & Orange

11

No School

12

#1 Chicken Nuggets w/  
Whole Grain Vanilla Crackers  
Corn & Grapes

15

#1 Mac & Cheese (M)  
Broccoli & Fruit Cocktail

16

#1 Toasted Cheese Sandwich  
w/ Tomato Soup (M)  
Baby Carrots & Raisins  
Rice Krispie Treat

17

#1 Pancakes w/ Turkey  
Sausage Patty  
Celery Sticks & Apple

18

#1 Nacho Supreme  
Garbanzo Beans & Craisins  
Fruit Roll-Up

19

#1 Chicken Burger  
Peas & Pears

22

#1 Turkey Ham Deli  
Sandwich  
Broccoli & Raisins

23

#1 Lasagna w/ Whole Grain  
Breadstick  
Baby Carrots & Banana  
Strawberry Waffle Graham

24

#1 Cheese (M) or Pepperoni  
Pizza  
Celery Sticks & Berry Cup

25

No School

26

No School

29

#1 Hamburger  
Broccoli & Peaches

30

#1 Teriyaki Chicken  
Drumstick w/ Brown Rice  
Baby Carrots & Apple  
Rice Krispie Treat

### Announcements

(M) = Meatless Entrée

#### Daily Entrées Available:

- #2 Yogurt Lunch (M)
- #3 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk.

*The Issaquah School District provides equal opportunities in its programs, activities and employment.*

\*Menu Subject to Change

### Meal Prices

Meals are available free of charge to every student this school year.

We strongly encourage families to apply for Free or Reduced meals as approval may provide access to additional benefits.

Milk = \$0.50

Adults = \$4.50