



December

2021

Issaquah School District Elementary Lunch Menu

In Season Grapefruit

In just 1/2 (100g) of a grapefruit, there's roughly 60% daily value for vitamin C! That's more than half of your daily need in less than a cup!



Monday

Tuesday

Wednesday

Thursday

Friday

No School

No School

1
No School

2
No School

3
#1 Whole Grain Corndog
Peas & Applesauce Cup

6
#1 BBQ Chicken Drumstick w/
Whole Grain Cornbread
Broccoli & Peaches

7
#1 Teriyaki Beef Dippers w/
Brown Rice
Baby Carrots & Apple
Rice Krispie Treat

8
#1 Cheese (M) or Pepperoni
Pizza
Celery Sticks & Orange

9
#1 Pasta w/ Meat Sauce
Kidney Beans & Pineapple
Mott's Fruit Snacks

10
#1 Chicken Nuggets w/
Whole Grain Vanilla Crackers
Corn & Grapes

13
#1 Mac & Cheese (M)
Broccoli & Fruit Cocktail

14
#1 Lasagna w/ Whole Grain
Breadstick
Baby Carrots & Banana
Strawberry Waffle Graham

15
#1 Dutch Waffle w/ Turkey
Sausage
Celery Sticks & Peach Cup

16
#1 Nacho Supreme
Black Beans & Craisins
Fruit Roll-Up

17
#1 Chicken Burger
Peas & Pears

20
No School

21
No School

22
No School

23
No School

24
No School

27
No School

28
No School

29
No School

30
No School

31
No School

Announcements

(M) = Meatless Entrée

Daily Entrées Available:

- #2 Yogurt Lunch (M)
- #3 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk.

The Issaquah School District provides equal opportunities in its programs, activities and employment.

*Menu Subject to Change

Meal Prices

Meals are available free of charge to every student this school year.

We strongly encourage families to apply for Free or Reduced meals as approval may provide access to additional benefits.

Milk = \$0.50

Adults = \$4.50