

Issaquah School District Breakfast Menu



September 2020

In Season Grapes

One cup of grapes, with about 100 calories, provides more than a quarter of the daily recommended values of vitamins K and C. Grape seeds, which are edible, are full of antioxidants.



Monday

Tuesday

Wednesday

Thursday

Friday

	1	2	3	4
7 NO SCHOOL	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29 Cinnamon Toast Crunch Cereal Mandarin Oranges	30 Apple Cinnamon Muffin Loaf Peaches		

Announcements

The Issaquah School District will be serving free meals to all children 18 years of age and younger.

On 9/14 & 9/21 we will distribute 5 lunches at our three high schools from 4:00-6:00 p.m..

Beginning 9/28 we will begin distributing multiple breakfasts and lunches on Mondays & Thursdays at 7 district locations.

Visit the district's [Meal Services](#) webpage for details on meal distribution during remote learning.

Meal Prices

Full Pay = Free
K-3 Reduced = Free
4-12 Reduced = Free

(M) = Meatless Entrée

The Issaquah School District provides equal opportunities in its programs, activities and employment.