

# Issaquah School District Breakfast Menu

**Health-e  
LIVING**



# November

2020

**In Season Oranges**

The orange is a citrus fruit and is a hybrid of the pomelo and the mandarin. There are over 600 varieties of oranges worldwide.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**2**

Apple Cinnamon Muffin Loaf

Mixed Berry Cup

**3**

English Muffin & Jelly

Applesauce Cup

**4**

Strawberry Pop-Tart

Apple

**5**

Dutch Waffle

Grapes

**6**

Froot Loops Cereal

Orange

**9**

Bagel w/ Jelly

Raisins

**10**

Cheerios Cereal

Pineapple Tidbits

**No School 11**

Pancakes

Peaches

**12**

Blueberry Muffin Loaf

Strawberry Cup

**13**

Granola Bar

Apple

**16**

Bug Bites Grahams

Banana

**17**

Cocoa Puffs Cereal Bar

Applesauce Cup

**18**

Cinnamon Pop-Tart

Peach Cup

**19**

French Toast Sticks

Craisins

**20**

Cocoa Puffs Cereal

Fruit Cocktail

**23**

Cinnamon Toast Crunch Cereal Bar

Applesauce Cup

**24**

Scooby Doo Grahams

Pears

**25**

Banana Muffin Loaf

Orange

**No School 26**

Cereal Bowlpack

Apple

**No School 27**

Cracker Pack

Raisins

**30**

Trix Cereal Bar

Apple

## Announcements

The Issaquah School District will be serving free meals to all children 18 years of age and younger.

3 breakfasts and lunches will be distributed on Mondays and 2 breakfasts and lunches will be distributed on Thursdays from 4:00 – 6:00 p.m. at 7 locations.

Visit the district's [Meal Services](#) webpage for details on meal distribution during remote learning.

Choice of 1% white milk or 1% lactose free white milk.

## Meal Prices

Full Pay = Free  
 K-3 Reduced = Free  
 4-12 Reduced = Free

(M) = Meatless Entrée

*The Issaquah School District provides equal opportunities in its programs, activities and employment.*