

# Issaquah School District Breakfast Menu



# May

# 2021

## In Season Cherries

Cherries are known to contain certain chemicals that are very effective in relieving pain better than medicines like aspirin and ibuprofen.

Cherries are best paired with things like chives, dairy products, and meats.



### Monday

**Meal Pick-up 3**

Apple Cinnamon Muffin Loaf

Peaches

### Tuesday

**4**

English Muffin & Jelly

Pineapple Tidbits

### Wednesday

**5**

Strawberry Pop-Tart

Craisins

### Thursday

**6**

Animal Crackers

Apple

### Friday

**7**

Dutch Waffle

Grapes

**Meal Pick-up 10**

Froot Loops Cereal

Peach Cup

**11**

Bagel w/ Jelly

Banana

**12**

Scooby Doo Grahams

Fruit Cocktail

**13**

Cheerios Cereal

Applesauce Cup

**14**

Pancakes

Mixed Berry Cup

**Meal Pick-up 17**

Blueberry Muffin Loaf

Orange

**18**

Bug Bites Graham Crackers

Mandarin Oranges

**19**

Cinnamon Pop-Tart

Pears

**20**

Cinnamon Toast Crunch Cereal

Raisins

**21**

French Toast Sticks

Peaches

**Meal Pick-up 24**

Trix Cereal Bar

Apple

**25**

Frosted Flakes Cereal

Mixed Berry Cup

**26**

Rice Krispies Cereal

Fresh Pear

**27**

Cinnamon Toast Crunch Cereal Bar

Craisins

**28**

Waffle Sticks

Peach Cup

**31**

Cocoa Puffs Cereal Bar

Orange

## Announcements

The Issaquah School District will be distributing free meals to all children 18 years of age and younger. 5 breakfasts and lunches will be distributed on Mondays from 4:00 – 6:00 p.m. at 9 locations. Visit the district's [Meal Services](#) webpage for details on meal distribution during remote/hybrid learning.

Free meals will be available for all secondary students attending in-person instruction.

Choice of 1% white milk or 1% lactose free white milk

## Meal Prices

Full Pay = Free  
K-3 Reduced = Free  
4-12 Reduced = Free

*The Issaquah School District provides equal opportunities in its programs, activities and employment*