

Issaquah School District Breakfast

January

2021



In Season Oranges

Oranges are a great source of Vitamin C and Dietary Fiber.

In addition, oranges are a good source of B vitamins as well as Vitamin A.



Monday

Tuesday

Wednesday

Thursday

Friday

Blank box for Monday breakfast menu.

Blank box for Tuesday breakfast menu.

Blank box for Wednesday breakfast menu.

Blank box for Thursday breakfast menu.

No School 1

4
Apple Cinnamon Muffin Loaf
Apple

5
English Muffin & Jelly
Applesauce Cup

6
Strawberry Pop-Tart
Craisins

7
Cocoa Puffs Cereal Bar
Raisins

8
Dutch Waffle
Grapes

11
Froot Loops Cereal
Orange

12
Bagel w/ Jelly
Banana

13
Cinnamon Toast Crunch Cereal Bar
Fruit Cocktail

14
Cheerios Cereal
Pineapple Tidbits

15
Pancakes
Peaches

No School **18**
Blueberry Muffin Loaf
Strawberry Cup

19
Bug Bites Grahams
Mandarin Oranges

20
Cinnamon Pop-Tart
Peach Cup

21
Cinnamon Toast Crunch Cereal
Applesauce Cup

22
French Toast Sticks
Pears

No School **25**
Trix Cereal Bar
Apple

26
Teddy Grahams
Orange

27
Cocoa Puffs Cereal
Peaches

28
Banana Muffin Loaf
Mixed Berry Cup

29
Scooby Doo Grahams
Pears

Announcements

The Issaquah School District will be serving free meals to all children 18 years of age and younger.

3 breakfasts and lunches will be distributed on Mondays and 2 breakfasts and lunches will be distributed on Thursdays from 4:00 – 6:00 p.m. at 9 locations.

Visit the district's [Meal Services](#) webpage for details on meal distribution during remote learning.

Choice of 1% white milk or 1% lactose free white milk.

Meal Prices

Full Pay = Free
K-3 Reduced = Free
4-12 Reduced = Free

(M) = Meatless Entrée

The Issaquah School District provides equal opportunities in its programs, activities and employment.