

Issaquah School District Breakfast



February

2021

In Season Broccoli

Broccoli shares cancer fighting, immune boosting properties.

Broccoli contains high levels of both calcium and vitamin K, both of which are important for bone health and prevention of osteoporosis.



Monday

Tuesday

Wednesday

Thursday

Friday

Meal Pick-up 1

Apple Cinnamon Muffin Loaf
Peaches

2

English Muffin & Jelly
Pineapple Tidbits

3

Strawberry Pop-Tart
Craisins

Meal Pick-up 4

Animal Crackers
Raisins

5

Dutch Waffle
Grapes

Meal Pick-up 8

Froot Loops Cereal
Orange

9

Bagel w/ Jelly
Banana

10

Scooby Doo Grahams
Fruit Cocktail

Meal Pick-up 11

Cheerios Cereal
Applesauce Cup

12

Pancakes
Apple

15

Blueberry Muffin Loaf
Craisins

Meal Pick-up 16

Jungle Graham Crackers
Mandarin Oranges

17

Cinnamon Pop-Tart
Peach Cup

18

Cinnamon Toast Crunch Cereal
Applesauce Cup

19

French Toast Sticks
Pears

Meal Pick-up 22

Trix Cereal Bar
Apple

23

Teddy Grahams
Orange

24

Rice Krispies Cereal
Peaches

25

Banana Muffin Loaf
Mixed Berry Cup

26

Cinnamon Toast Crunch Cereal Bar
Peach Cup

Announcements

The Issaquah School District will be serving free meals to all children 18 years of age and younger.

3 breakfasts and lunches will be distributed on Mondays and 2 breakfasts and lunches will be distributed on Thursdays from 4:00 – 6:00 p.m. at 9 locations.

Visit the district's [Meal Services](#) webpage for details on meal distribution during remote learning.

Choice of 1% white milk or 1% lactose free white milk.

Meal Prices

Full Pay = Free
K-3 Reduced = Free
4-12 Reduced = Free

(M) = Meatless Entrée

The Issaquah School District provides equal opportunities in its programs, activities and employment.