



Issaquah School District Breakfast Menu

December

2020

In Season Grapefruit

In just one half (100g) of a grapefruit, there's roughly 60% daily value of vitamin C! That's more than half of your daily need in less than a cup.



Monday

Tuesday

Wednesday

Thursday

Friday

1
Apple Cinnamon Muffin Loaf

2
English Muffin & Jelly

3
Strawberry Pop-Tart

4
Dutch Waffle

5
Mixed Berry Cup

6
Applesauce Cup

7
Apple

8
Grapes

9
Froot Loops Cereal

10
Orange

11
Blueberry Muffin Loaf

12
Strawberry Cup

13
Bagel w/ Jelly

14
Raisins

15
Cheerios Cereal

16
Pineapple Tidbits

17
Pancakes

18
Peaches

19
Banana Bites Grahams

20
Banana

21
Cocoa Puffs Cereal Bar

22
Applesauce Cup

23
Cinnamon Pop-Tart

24
Peach Cup

25
French Toast Sticks

26
Craisins

27
Cocoa Puffs Cereal

28
Fruit Cocktail

29
No School

30
No School

31
No School

32
No School

33
No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

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No School

48
No School

Announcements

The Issaquah School District will be serving free meals to all children 18 years of age and younger.

3 breakfasts and lunches will be distributed on Mondays and 2 breakfasts and lunches will be distributed on Thursdays from 4:00 – 6:00 p.m. at 9 locations.

Visit the district's [Meal Services](#) webpage for details on meal distribution during remote learning.

Choice of 1% white milk or 1% lactose free white milk.

Meal Prices

- Full Pay = Free
- K-3 Reduced = Free
- 4-12 Reduced = Free

(M) = Meatless Entrée

The Issaquah School District provides equal opportunities in its programs, activities and employment.