

Issaquah School District Breakfast Menu



April

2021

In Season Artichoke

One serving of artichokes provides greater antioxidant benefits per serving than many other foods traditionally considered to be antioxidant-rich.



They also provide 10.3 grams of dietary fiber, which can improve your overall digestive health.

Monday

Tuesday

Wednesday

Thursday

Friday

Blank meal card for Monday.

Blank meal card for Tuesday.

Blank meal card for Wednesday.

1
Strawberry Waffle

Apple

2
Frosted Flakes Cereal

Mixed Berry Cup

Meal Pick-up 5
Apple Cinnamon Muffin Loaf

Peaches

6
English Muffin & Jelly

Pineapple Tidbits

7
Strawberry Pop-Tart

Craisins

8
Animal Crackers

Strawberry Cup

9
Dutch Waffle

Grapes

Meal Pick-up 12
Froot Loops Cereal

Peach Cup

13
Bagel w/ Jelly

Banana

14
Scooby Doo Grahams

Fruit Cocktail

15
Cheerios Cereal

Applesauce Cup

16
Pancakes

Pears

Meal Pick-up 19
Blueberry Muffin Loaf

Orange

20
Bug Bites Graham Crackers

Mandarin Oranges

21
Cinnamon Pop-Tart

Pears

22
Cinnamon Toast Crunch Cereal

Raisins

23
French Toast Sticks

Peaches

Meal Pick-up 26
Trix Cereal Bar

Apple

27
Cocoa Puffs Cereal Bar

Orange

28
Rice Krispies Cereal

Fresh Strawberries

29
Cinnamon Toast Crunch Cereal Bar

Pears

30
Waffle Sticks

Craisins

Announcements

The Issaquah School District will be distributing free meals to all children 18 years of age and younger. 5 breakfasts and lunches will be distributed on Mondays from 4:00 – 6:00 p.m. at 9 locations. Visit the district's [Meal Services](#) webpage for details on meal distribution during remote/hybrid learning.

Free meals will be available for all secondary students attending in-person instruction.

Choice of 1% white milk or 1% lactose free white milk

Meal Prices

Full Pay = Free
K-3 Reduced = Free
4-12 Reduced = Free

The Issaquah School District provides equal opportunities in its programs, activities and employment