

Issaquah School District "Scratch Cooking Pilot" Menu for
Sunset, Clark, Issaquah Valley & Sunny Hills Elementary Schools



March 2020

In Season Brussels Sprouts

Brussels sprouts are a good source of fiber, manganese, potassium, choline, and B vitamins.

You can steam brussels sprouts and toss them with olive oil, parmesan cheese and butter for a delicious treat!



Monday

Tuesday

Wednesday

Thursday

Friday

2

#1 Mini Cheeseburger Sliders
#2 Whole Grain Mini Corndogs

Broccoli & Peaches

3

#1 Teriyaki Beef Dippers w/
Brown Rice
#2 Teriyaki Chicken Drum w/
Brown Rice
Baby Carrots & Apple
Snickerdoodle

4

Brunch for Lunch!
#1 Dutch Waffle w/ Turkey
Sausage Patty
#2 Pancakes w/ Turkey
Sausage Patty
Celery Sticks & Strawberry
Cup

5

#1 Cheese (M) or
Pepperoni Pizza
#2 Turkey Ham Deli
Sandwich
Pinto Beans & Raisins
Chocolate Cake

6

#1 Chicken Rings w/
Whole Grain Breadstick
#2 Veggie Burger (M)

Peas & Grapes

9

#1 Chicken Burger
#2 Whole Grain Corndog

Broccoli & Fruit Cocktail

10

#1 Cheesy Rippers
w/ Pizza Dipping Sauce (M)
#2 Beef Soft Taco w/ Salsa

Baby Carrots & Banana
Fruit Crisp

11

#1 Cheese (M) or
Pepperoni Pizza
#2 Orange Chicken w/
Brown Rice (S)

Celery Sticks & Orange

12

#1 Pasta w/ Meat Sauce
#2 Hot Dog in a Bun

Kidney Beans & Pineapple
Double C.C. Cookie

13

#1 Chicken Nuggets w/
Whole Grain Vanilla Crackers
#2 Roasted Tomato Soup w/
Cheesy Breadstick (M) (S)

Corn & Mandarin Oranges

16

#1 BBQ Chicken Drum w/
Whole Grain Cornbread
#2 Whole Grain Mini
Corndogs
Broccoli & Peaches

17

#1 Lasagna w/
Whole Grain Breadstick
#2 Chicken Burger

Baby Carrots & Pears
Holiday Cookie*

18

Brunch for Lunch!
#1 Pancakes w/ Turkey
Sausage Patty
#2 Turkey Sausage, Egg &
Cheese Breakfast Slider (S)
Celery Sticks & Orange

19

#1 Cheese (M) or
Pepperoni Pizza
#2 Turkey Deli Sandwich

Garbanzo Beans & Craisins
Fruit Sorbet

20

#1 Chicken Fingers w/
Whole Grain Breadstick (S)
#2 Veggie Burger (M)

Peas & Applesauce Cup

23

#1 Mac & Cheese (M)
#2 Whole Grain Corndog

Broccoli & Fruit Cocktail

24

#1 Cheeseburger
#2 Hot Dog in a Bun

Baby Carrots & Banana
Chocolate Krinkle Cookie

25

#1 Cheese (M) or
Pepperoni Pizza
#2 Chicken Yakisoba (S)
Celery Sticks & Orange

26

#1 Nacho Supreme
#2 Bean & Cheese Burrito
w/ Salsa (M)

Black Beans & Peach Cup
Crazy Cookie**

27

#1 Chicken Nuggets
w/ Whole Grain Vanilla
Crackers
#2 BBQ Pulled Chicken
Sandwich (S)
Corn & Pears

30

#1 Sloppy Joe
#2 Whole Grain Mini
Corndogs

Broccoli & Mandarin
Oranges

31

#1 Toasted Cheese Sandwich
w/ Tomato Soup
#2 Fish Nuggets w/ Tomato
Soup
Baby Carrots & Apple
Chocolate Chip Cookie

*Our standard sugar
cookie recipe that may
contain additional
sprinkles and/or food
coloring. Contact
kitchen for details.

**Contact kitchen for
details on the cookie
served this day.

Announcements

(S) = Scratch-Made Recipe
(M) = Meatless Entrée

Daily Entrées Available:
#3 Yogurt Lunch (M)
#4 Baked Potato Bar (M)

Every complete meal comes with a
choice of 1% white milk, fat free
chocolate milk or 1% lactose-free
white milk and a trip through the
salad bar.

*The Issaquah School District
provides equal opportunities in its
programs, activities and
employment.*

Meal Prices

Full Pay = \$3.75

K-3 Reduced = Free

4-5 Reduced = \$0.40

Milk = \$0.50

Adults = \$4.50