

Issaquah School District Elementary Menu



March 2020

In Season Brussels Sprouts

Brussels sprouts are a good source of fiber, manganese, potassium, choline, and B vitamins.

You can steam brussels sprouts and toss them with olive oil, parmesan cheese and butter for a delicious treat!



Monday

Tuesday

Wednesday

Thursday

Friday

2

#1 Mini Cheeseburger Sliders
#2 Whole Grain Mini Corndogs

Broccoli & Peaches

3

#1 Teriyaki Beef Dippers w/ Brown Rice
#2 Teriyaki Chicken Drum w/ Brown Rice
Baby Carrots & Apple Snickerdoodle

4

Brunch for Lunch!
#1 Dutch Waffle w/ Turkey Sausage Patty
#2 Pancakes w/ Turkey Sausage Patty
Celery Sticks & Strawberry Cup

5

#1 Cheese (M) or Pepperoni Pizza
#2 Turkey Ham Deli Sandwich
Pinto Beans & Raisins
Chocolate Cake

6

#1 Chicken Rings w/ Whole Grain Breadstick
#2 Veggie Burger (M)

Peas & Grapes

9

#1 Chicken Burger
#2 Whole Grain Corndog

Broccoli & Fruit Cocktail

10

#1 Cheesy Rippers w/ Pizza Dipping Sauce (M)
#2 Beef Soft Taco w/ Salsa

Baby Carrots & Banana Fruit Crisp

11

#1 Cheese (M) or Pepperoni Pizza
#2 Chicken Caesar Wrap

Celery Sticks & Orange

12

#1 Pasta w/ Meat Sauce
#2 Hot Dog in a Bun

Kidney Beans & Pineapple
Double C.C. Cookie

13

#1 Chicken Nuggets w/ Whole Grain Vanilla Crackers
#2 Veggie Burger (M)

Corn & Mandarin Oranges

16

#1 BBQ Chicken Drum w/ Whole Grain Cornbread
#2 Whole Grain Mini Corndogs
Broccoli & Peaches

17

#1 Lasagna w/ Whole Grain Breadstick
#2 Chicken Burger

Baby Carrots & Pears
Holiday Cookie*

18

Brunch for Lunch!
#1 Pancakes w/ Turkey Sausage Patty
#2 French Toast Sticks w/ Turkey Sausage Patty
Celery Sticks & Orange

19

#1 Cheese (M) or Pepperoni Pizza
#2 Turkey Deli Sandwich

Garbanzo Beans & Craisins
Fruit Sorbet

20

#1 Chicken Rings w/ Whole Grain Breadstick
#2 Veggie Burger (M)

Peas & Applesauce Cup

23

#1 Mac & Cheese (M)
#2 Whole Grain Corndog

Broccoli & Fruit Cocktail

24

#1 Cheeseburger
#2 Hot Dog in a Bun

Baby Carrots & Banana
Chocolate Krinkle Cookie

25

#1 Cheese (M) or Pepperoni Pizza
#2 Turkey Ham Deli Sandwich
Celery Sticks & Orange

26

#1 Nacho Supreme
#2 Bean & Cheese Burrito w/ Salsa (M)

Black Beans & Peach Cup
Crazy Cookie**

27

#1 Chicken Nuggets w/ Whole Grain Vanilla Crackers
#2 Veggie Burger (M)
Corn & Pears

30

#1 Sloppy Joe
#2 Whole Grain Mini Corndogs

Broccoli & Mandarin Oranges

31

#1 Toasted Cheese Sandwich w/ Tomato Soup
#2 Fish Nuggets w/ Tomato Soup
Baby Carrots & Apple
Chocolate Chip Cookie

*Our standard sugar cookie recipe that may contain additional sprinkles and/or food coloring. Contact kitchen for details.

**Contact kitchen for details on the cookie served this day.

Announcements

(M) = Meatless Entrée

Daily Entrées Available:
#3 Yogurt Lunch (M)
#4 Baked Potato Bar (M)

Every complete meal comes with a choice of 1% white milk, fat free chocolate milk or 1% lactose-free white milk and a trip through the salad bar.

The Issaquah School District provides equal opportunities in its programs, activities and employment.

Meal Prices

Full Pay = \$3.75

K-3 Reduced = Free

4-5 Reduced = \$0.40

Milk = \$0.50

Adults = \$4.50