

OCTOBER 2017

Issaquah School District Secondary Menu

Lunch Prices
 Full Pay = \$4.00
 Reduced = \$0.40
 Adults = \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bacon Cheeseburger Baby Carrots	3 Chicken Fajitas Garbanzo Beans Fruit Crisp	4 <u>Taste Washington Day!</u> Cheese or Pepperoni Pizza Fresh Locally Grown Vegetables and Fruit Options Oatmeal Chocolate Chip Cookie	5 Orange Chicken w/ Brown Rice & Stir Fry Vegetables Broccoli Krinkle Cookie	6 Fish N Chips Peas
9 BBQ Beef Rib Sandwich Baby Carrots	10 Tacos Pinto Beans Snickerdoodle	11 Swedish Meatballs w/ Mashed Potatoes & Whole Grain Roll Broccoli White Chocolate Cranberry Cookie	12 General Tso Chicken w/ Brown Rice & Stir Fry Vegetables  Celery Sticks Peanut Butter Cookie	13 Mac & Cheese w Whole Grain Roll Corn
16 Western Chicken Burger Baby Carrots	17 Chicken Enchiladas w/ Green Chile Sauce Kidney Beans Double Chocolate Chip Cookie	18 Lasagna w/ Whole Grain Breadstick or Roll Broccoli Chocolate Chip Cake	19 Chicken Alfredo w/ Whole Grain Breadstick Celery Sticks Brownie	20 Italian Chicken Sandwich Corn
23 No School	24 Nachos Black Beans Churro	25 Philly Cheesesteak Sandwich Broccoli Chocolate Cake	26 Sweet & Sour Chicken w/ Brown Rice & Stir Fry Vegetables Celery Sticks Pumpkin Cake	27 Chicken Tenders w/ Mashed Potatoes & Gravy Peas
30 BBQ Chicken Drumstick w/ Whole Grain Cornbread Baby Carrots	31 Chicken Parmesan with Pasta Garbanzo Beans Sugar Cookie			

Every complete meal comes with a trip through the salad bar and a milk. In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day. A la carte items are available in addition to the lunch program. Prices vary by item.

The Issaquah School District provides equal opportunities
 In its programs, activities and employment.

