

OCTOBER 2017

Issaquah School District Elementary Menu

Lunch Prices
 Full Pay = \$3.75
 K-3 Reduced = Free
 4-5 Reduced = \$0.40
 Adults = \$4.50

Monday

- #1 Cheeseburger
- #2 Whole Grain Corndog
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Broccoli

2
Tuesday

- #1 Teriyaki Beef Dippers w/ Brown Rice
 - #2 Egg Roll w/ Brown Rice
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Baby Carrots
Oatmeal Chocolate Chip Cookie

3
Wednesday
Taste Washington Day!

- #1 Cheese (M) or Pepperoni Pizza
 - #2 Turkey Deli Sandwich
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Fresh Locally Grown Fruit & Vegetable Options

4
Thursday

- #1 Pasta w/ Meat Sauce
- #2 Beef Soft Taco w/ Salsa
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

 Kidney Beans
Baked Cinnamon Apples

5
Friday

- #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers
 - #2 Veggie Burger (M)
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Corn

6

- #1 Mini Cheeseburger Sliders
- #2 Whole Grain Mini Corndogs
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Broccoli

9

- #1 Chicken Burger
- #2 Hot Dog in a Bun
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

 Baby Carrots
Chocolate Chip Cake

10
Brunch for Lunch!

- #1 Dutch Waffle w/ Turkey Sausage Patty
 - #2 Pancakes w/ Turkey Sausage Patty
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Celery Sticks

11

- #1 Cheese (M) or Pepperoni Pizza
 - #2 Ham Deli Sandwich
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Pinto Beans
Fruit Sorbet

12

- #1 Chicken Rings w/ Whole Grain Breadstick
 - #2 Veggie Burger (M)
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Peas

13

- #1 Mac & Cheese (M)
- #2 Whole Grain Corndog
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Broccoli

16

- #1 Lasagna w/ Breadstick
- #2 BBQ Chicken Drumstick w/ Breadstick
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

 Baby Carrots
White Chocolate Cranberry Cookie

17

- #1 Cheese (M) or Pepperoni Pizza
 - #2 Chicken Caesar Wrap
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Celery Sticks

18

- #1 Nacho Supreme!
- #2 No Choice
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

 Black Beans
Double Chocolate Chip Cookie

19

- #1 Chicken Nuggets w/ Whole Grain Vanilla Crackers
 - #2 Veggie Burger (M)
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Corn

20

No School

23

- #1 Cheesy Rippers w/ Pizza Dipping Sauce (M)
 - #2 Bean & Cheese Burrito w/ Salsa
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Baby Carrots
Pumpkin Cake

24
Brunch for Lunch!

- #1 Pancakes w/ Scrambled Eggs (M)
 - #2 French Toast Sticks w/ Scrambled Eggs (M)
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Celery Sticks

25

- #1 Cheese (M) or Pepperoni Pizza
 - #2 Turkey Deli Sandwich
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Garbanzo Beans
Crazy Cookie Day!

26

- #1 Chicken Rings w/ Whole Grain Breadstick
 - #2 Veggie Burger (M)
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Peas

27

- #1 BBQ Chicken Drumstick w/ Whole Grain Cornbread
 - #2 Whole Grain Mini Corndogs
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Broccoli

30

- #1 Toasted Cheese Sandwich w/ Tomato Soup (M)
 - #2 Cheeseburger
 - #3 Yogurt Lunch (M)
 - #4 Baked Potato Bar (M)
- Baby Carrots
Pumpkin Chocolate Chip Cookie

31

(M) = Meatless Entrée Option

Every complete meal comes with milk and a trip through the salad bar

The Issaquah School District provides equal opportunities in its programs, activities and employment.

