Featured Specials of the Day

**Tuesday, March 1**  
Chicken Fajitas  
Garbanzo Beans  
Churro

**Wednesday, March 2**  
Orange Chicken w/ Brown Rice & Stir Fry Veggies  
Broccoli  
Chocolate Chip Cake

**Thursday, March 3**  
Pasta w/ Meat Sauce & Whole Grain Breadstick/Roll  
Celery Sticks  
Snickerdoodle

**Friday, March 4**  
Toasted Ham & Cheese Sandwich w/ Tomato Soup  
Corn

**Monday, March 7**  
Bacon Cheeseburger  
Baby Carrots

**Tuesday, March 8**  
Chicken Enchiladas w/ Green Chile Sauce  
Black Beans  
Chocolate Krinkle Cookie

**Wednesday, March 9**  
General Tso Chicken w/ Brown Rice & Stir Fry Veggies  
Broccoli  
Apple Crisp

**Thursday, March 10**  
Cheese or Pepperoni Pizza  
Celery Sticks  
Oatmeal Chocolate Chip Cookie

**Friday, March 11**  
Chicken Tenders w/ Mashed Potatoes & Gravy  
Peas

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**Lunch Prices:**
- Full Pay = $3.75  
- Reduced = $0.40  
- Adults = $4.25

A la carte items are available in addition to the lunch program. Prices vary by item.

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The Issaquah School District provides equal opportunities in its programs, activities, and employment.
**Featured Specials of the Day**

**Monday, March 14**
Italian Chicken Sandwich
Baby Carrots

**Tuesday, March 15**
Tacos
Kidney Beans
Lemon Cookie

**Wednesday, March 16**
Mac & Cheese w/ Whole Grain Roll
Broccoli
Peanut Butter Cookie

**Thursday, March 17**
Chicken Alfredo w/ Whole Grain Breadstick
Celery Sticks
Sugar Cookie

**Friday, March 19**
Fish N Chips
Corn

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**Featured Specials of the Day**

**Monday, March 21**
Chicken Cordon Bleu Burger
Baby Carrots

**Tuesday, March 22**
Nachos
Pinto Beans
Brownie

**Wednesday, March 23**
Chicken Parmesan w/ Pasta
Broccoli
Pumpkin Cake

**Thursday, March 24**
Swedish Meatballs w/ Mashed Potatoes & Whole Grain Roll
Celery Sticks
Double Chocolate Chip Cookie

**Friday, March 25**
Chili w/ Whole Grain Cornbread
Peas

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**eatfit wanna stay fit? gotta eat right!**

**item:** beans  **verdict:** power lunch

**tip:** The key to a healthy burrito -- at home or out -- is the beans. Beans add super-powerful protein and tons of fiber, plus they fill you up. So whatever you do, ALWAYS GET BEANS! And maybe then you won’t need quite so much cheese and sour cream!