

**Issaquah School District #411**  
**National Prevention Week**  
**Resolution No. 1088**

WHEREAS, substance abuse and mental health problems affect all communities nationwide. According to the 2014 National Survey on Drug Use and Health, an estimated 27 million Americans are current illicit drug users. Nearly one in four young people aged 12 to 20 report drinking alcohol in the past month, and one in four Americans aged 12 or older smokes cigarettes; and

WHEREAS, with commitment and support, these and other behavioral health issues can be prevented. The focus of National Prevention Week this May is to increase public awareness of, and action around, substance abuse and mental health issues. Taking part in prevention related activities and conversations helps raise awareness of behavioral health issues and changes lives; and

WHEREAS, that's a message we need to spread far and wide. An estimated 27 million people in America are classified with substance dependence or abuse, and more than twice as many adults have a mental illness. The impact of substance abuse and mental illness is apparent in our local community. According to the 2014 Healthy Youth Survey, one in five King County teens in 10<sup>th</sup> grade reported using alcohol within the past 30 days and 18 percent of 10th graders in King County who were surveyed said they contemplated suicide. Additionally, one in every five King County adults (21%) report receiving a diagnosis of depression at some time during their lives. We have the power to change these numbers, and more importantly, change lives; and

WHEREAS, through National Prevention Week, people become more aware and able to recognize the signs of mental health problems and substance abuse. Locally, the **Influence the Choice Drug Prevention Alliance for Youth and the Healthy Youth Initiative**, as part of the Issaquah Schools Foundation, strive to spread these messages far and wide. Equally important, community members of all walks of life learn what they can do to help prevent these problems before they start. Whether by being a shoulder for someone to lean on, leading someone to help for a behavioral health issue before it worsens, or setting an example by staying substance-free, we all have a role to play in keeping the people around us—and ourselves—healthy and safe; and

WHEREAS, the Issaquah School District works with community partners to provide services and support in drug prevention, substance abuse and addiction, and social, emotional, and mental health needs for students, and actively supports; social emotional skills, substance abuse prevention and sound mental health practices to students; and

WHEREAS, we, and others across the United States, need to recognize the seriousness of behavioral health issues in our communities, the power of prevention, and the tireless efforts of those working to make a difference. For the above reasons, the Issaquah School Board is asking the community to join them in observing National Prevention Week 2017 this May 14 through 20; and

NOW, THEREFORE, be it resolved the Board of Directors of the Issaquah School District No. 411 does hereby adopt Resolution No. 1088 proclaiming May 14 through May 20, 2017 to be NATIONAL PREVENTION WEEK in this community.

ADOPTED by the Board of Directors the 10<sup>th</sup> day of May, 2017

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ATTEST:

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Secretary, Board of Directors