

## **ENDS 6: Life Management**

### **Students will live healthy, satisfying, and productive lives.**

Students will:

- 6.1 understand and apply principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness;
- 6.2 identify challenging personal goals and develop, evaluate and implement plans to achieve them;
- 6.3 be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change;
- 6.4 understand the importance of adapting career, education and life goals to the demands of a rapidly changing world;
- 6.5 learn and apply principles of sound financial management in order to support self and family;
- 6.6 cooperate and collaborate within a diverse group of people in order to attain desired outcomes;
- 6.7 establish post-high school goals that extend their K-12 learning to attainable next levels of education or training.

### **Interpretation:**

**“Students will live healthy, satisfying, and productive lives.”**

- We interpret *students* to mean all students in our K-12 educational system.
- We interpret *healthy* to mean our students will be of sound, physical, and mental condition.
- We interpret *satisfying* to mean a feeling of self-assurance about one’s ability to accomplish his/her personal grade level goals and plan for post-secondary pursuits.
- We interpret *productive lives* to mean students are progressing through their K-12 learning experience, meeting grade level appropriate behavioral, social/emotional, and academic standards.

**Reasonable progress:** We have confidence that students are meeting the targets of Ends 6 when they ...

progress through our K-12 educational system, engage themselves in the academic and co-curricular opportunities provided, meet district and state standards, and earn a diploma affirming their school experiences have prepared them for a wide range of post-secondary opportunities (of their choosing).