

ENDS 6: Life Management

Students will live healthy, satisfying, and productive lives.

Students will:

- 6.1 understand and apply principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness;
- 6.2 identify challenging personal goals and develop, evaluate and implement plans to achieve them;
- 6.3 be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change;
- 6.4 understand the importance of adapting career, education and life goals to the demands of a rapidly changing world;
- 6.5 learn and apply principles of sound financial management in order to support self and family;
- 6.6 cooperate and collaborate within a diverse group of people in order to attain desired outcomes;
- 6.7 establish post-high school goals that extend their K-12 learning to attainable next levels of education or training.

Interpretation:

“Students will live healthy, satisfying, and productive lives.”

- We interpret *students* to mean all students in our K-12 educational system and students who have recently graduated.
- We interpret *live healthy lives* to mean our students will make informed and appropriate choices regarding their physical, social and emotional condition.
- We interpret *live satisfying lives* to mean our students will demonstrate self assurance about one’s ability to accomplish his/her personal grade level goals and plan for post-secondary pursuits.
- We interpret *live productive lives* to mean students will progress through their K-12 learning experience, meeting grade level appropriate behavioral, social/emotional, and academic standards and apply those skills to their goals in life.

Reasonable progress: We have confidence that students are meeting the targets of Ends 6 when they progress through our K-12 educational system, engage themselves in the academic and co-curricular opportunities provided, meet district and state standards and earn a diploma. These school experiences prepare students for a wide range of post-secondary opportunities (of their choosing) and empower them to make informed decisions in their daily lives.

6.1 understand and apply principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness;

We interpret **6.1** to mean students will move through the K-12 system experiencing curricular and co-curricular activities that will strengthen their understanding and application of principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness.

6.2 identify challenging personal goals and develop, evaluate and implement plans to achieve them;

We interpret **6.2** to mean students will be able to articulate their personal goal(s) and plan for implementation.

6.3 be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change;

We interpret **6.3** to mean students will persist in their education pursuits by adjusting to changing circumstances and challenges throughout their K-12 experience.

6.4 understand the importance of adapting career, education and life goals to the demands of a rapidly changing world;

We interpret **6.4** to mean students will be able to plan and adapt their career and life goals with an understanding that a rapidly changing world will require flexibility.

6.5 learn and apply principles of sound financial management in order to support self and family;

We interpret **6.5** to mean students will know and apply effective and accurate strategies for personal and/or family financial stability.

6.6 cooperate and collaborate within a diverse group of people in order to attain desired outcomes;

We interpret **6.6** to mean students will acquire and apply the skills of collaboration and teamwork to achieve goals.

6.7 establish post-high school goals that extend their K-12 learning to attainable next levels of education or training;

We interpret **6.7** to mean students will be able to articulate and apply their future educational goals.